



Trainings by Robin Blumenthal, M.A

About Robin Blumenthal

Robin is a trauma-informed trainer, parenting coach, speaker, and writer. She and her husband, Roger, have been married 33 years and have 5 daughters including 4 biological and 1 daughter adopted out of foster care. She is a Trained Independent Facilitator of the Love and Logic® Curriculum (having taught well over 4,000 parents and educators these amazing tools.) She has a B.S. in Child Development and an M.A. in Human Resource Leadership.

Love and Logic

9 Essentials of the Love and Logic Classroom

1-8 Hours

This curriculum from the creators of Love and Logic® covers such topics as avoiding power struggles, empathy, neutralizing student arguing, the recovery process, guiding students to own their problems, and creating low-stress classrooms. Participants will walk away with specific strategies for classroom use.

Adults Supporting Youth with Challenging Pasts

1-8 Hours

This curriculum from the creators of Love and Logic® will cover how trauma affects the brain; understanding intense and upsetting behaviors; the science behind healthy attachment relationships; avoiding power struggles, overcoming defiance, and guiding these youth toward success. Participants will walk away with specific strategies to use in their home, class, or setting.

Parenting the Love and Logic Way

1-8 Hours

This curriculum from the creators of Love and Logic® covers such topics as sibling rivalry, arguing, avoiding power struggles, what to do when kids drain your energy, enforceable statements and more! Participants will walk away with specific strategies for use within their home.



Working with Teens using a Trauma Responsive Lens

1-2 Hours

In this training we will cover an overview of trauma and how trauma affects learning and brain development as well as cover 5 effective strategies that you can't live without from the Creators of Love and Logic® for working with children & teens through a trauma-responsive lens. These strategies can be used to de-escalate behavior and help us create environments where learning happens and kids flourish

A Tale of Two Brains

1-1.5 Hours

Join us as we take a creative look and explore how understanding brain science and trauma informed strategies can be used to have a positive impact on behavior and learning in our classrooms and schools. What we believe and understand about the behavior we see in others and experience from within ourselves can either help or harm.

From the Crosswalk to the Cafeteria

1.5 Hours

Whether you work as a Monitor, TA, or another area outside (or inside) the classroom, your ability to supervise, ensure safety, and provide conflict resolution are essential to maintaining a positive learning environment. Not an easy task - especially in recent years. Join us as we take a look at how understanding brains that have experienced trauma and are under stress can help us be more calm and effective - AND receive greater results.



Leveraging the Power of Relationships

1-1.5 Hours

Relationships are the #1 Protective Factor when someone is struggling with adversity and stress. Now, more than ever, harnessing the power and nature of safe, strong, and healthy relationships is vital to success, classroom management and learning. Join us as we explore 7 strategies for cultivating student-teacher, parent-teacher, and/or student-student relationships that help set (or reset) a foundation for healing, learning, and growth!

Overview of ACEs

1-2 Hours

This training covers the Adverse Childhood Experiences study, an overview of ACES and ACE categories, the short and long-term impact of ACEs, and local/national data. Participants will walk away with a foundational understanding of ACEs and why a Trauma-Informed Lens is vital in the work we do with students.



Reignite the Heart

1 Hour

How is your heart doing? Is it heavy? Are you stuck? Is your passion high, but your energy low? Are you struggling to say "It is well with my soul"? Join us as we participate in some hands-on and interactive activities that help us reignite our hearts and reinspire our passion towards the vital work that we do.

Where in the Zoo are You?

1-1.5 Hours

Trauma affects all of us in different ways. We might all experience the same event, but our past, our circumstances, and our perception make our experiences unique. In Robin's children's book, *Where in the Zoo Are You?*, there has been a flood in the zoo and when the zookeepers are finally able to enter, they discover that the animals' responses and experiences are different. Participants will get a chance to experience the trauma through the eyes of the animals, learn the roles of empathy and compassion, and relate this to the current trauma of COVID (or any other large-scale trauma). Great for families and classrooms!